

GRILLE 2019-2020 REGIONAUX CVL

Accès à partir des performances enregistrées dans la base ExtraNat

GRILLE TOUS BASSINS REGIONAUX 2019						
DAMES				MESSIEURS		
Junior 1 et -	Junior 2	Seniors		Junior 1 et -	Junior 2	Seniors
00:31,97	0:30,79	0:29,48	50 NL	00:28,30	00:27,26	0:26,10
01:10,01	1:07,46	1:04,58	100 NL	01:02,19	00:59,90	0:57,34
02:30,97	2:25,46	2:19,26	200 NL	02:17,65	02:12,61	2:06,95
05:18,64	5:06,99	4:53,88	400 NL	04:48,81	04:38,22	4:26,32
10:58,78	10:34,67	10:07,56	800 NL	10:02,91	09:40,80	9:15,92
20:56,37	20:10,42	19:18,72	1500 NL	19:18,81	18:36,35	17:48,57
00:35,97	0:34,62	0:33,12	50 DOS	00:31,92	00:30,71	0:29,37
01:18,18	1:15,31	1:12,06	100 DOS	01:09,35	01:06,79	1:03,90
02:48,88	2:42,67	2:35,69	200 DOS	02:30,68	02:25,13	2:18,87
00:40,86	0:39,18	0:38,01	50 BRASSE	00:36,91	00:34,59	0:33,12
01:29,13	1:25,88	1:22,21	100 BRASSE	01:21,26	01:16,36	1:13,09
03:09,02	3:03,93	2:56,05	200 BRASSE	02:57,81	02:47,06	2:39,33
00:34,74	0:33,48	0:32,06	50 PAP	00:30,70	00:29,58	0:28,33
01:17,94	1:15,10	1:11,92	100 PAP	01:08,54	01:06,04	1:03,24
03:07,05	2:50,99	2:45,55	200 PAP	02:50,38	02:29,61	2:23,58
01:22,21	01:19,12	01:16,36	100 4N	01:15,22	01:12,48	01:09,37
02:51,36	2:45,11	2:38,09	200 4N	02:35,90	02:30,22	2:23,80
06:03,30	5:50,01	5:35,06	400 4N	05:31,28	05:19,13	5:05,45